

VIERS

Eco-Camp Activities Schedule

Day 1:

Time	Activity
8:20 - 9:00	VIERS Staff to meet students & parents at Red Hook Ferry Dock and Cruz Bay Ferry Dock
9:00 - 9:20	Group takes 9:00 am ferry from Red Hook to Cruz Bay,
9:20 - 10:15	Group Arrives Cruz Bay at 9:20 pm, Group Takes Safari Taxi to VIERS
10:15 - 11:00	Welcome and Introduction of Staff, Camp Rules and Responsibilities Talk on Environmental Practices at VIERS
11:00 - 11:30	Review of Program Activities, Name Game
11:30-12:00	Cabin Assignments and Settle into Cabins: Cabin Leaders
12:00-12:45	Lunch served in the VIERS Dining Hall (Sandwiches, Juice and Drinks), Clean-up
12:45 - 1:00	Prep for Hike and Swim
1:00 - 2:00	Hike to Yawzi Point and Little Lameshur Bay ruins, includes history, plant, tree and wildlife id
2:00 - 4:00	Swimming in Little Lameshur Bay: includes review of safety rules, supervised swimming and snorkeling
4:00 - 5:00	Plant and Tree Identification Walk (back to camp and around camp)
5:00 - 6:00	Showers and Free Time, Supervised ball playing
6:00 - 7:00	Dinner Served in VIERS Dining Hall (Pasta, Salad, Drink, Dessert)
7:00 - 7:30	Clean-up and Free time
7:30 - 8:30	Medicinal Local Plants, Singing and Drumming
8:30 - 9:30	Night Activity (stars, bugs, etc)
9:30 - 10:00	Free Time (Lights out at 10 pm.)

Day 2:

Time	Activity
7:00 - 8:00	Breakfast (Eggs, Toast, Cereal, Fruit, Orange Juice), Cleanup
8:00 - 8:30	Prepare for Swimming Morning Meeting
8:30 - 10:30	Walk to include Seashore, Mangroves and/or Tidal Pools with discussion. Environmental Lesson in the VIERS Classroom or Waterside Lab
10:30 - 12:00	Swim in Little Lameshur Bay: includes supervised swimming/snorkeling
12:00 - 1:00	Lunch at VIERS Dining Hall (Sandwiches, Juice and Drinks), Clean-up
1:00 - 1:30	Wood Gathering for Campfire, Showers and Free Time
2:00 - 5:00	Environmental Lessons in the VIERS Classroom or Waterside Lab
5:00 - 6:00	Environmental Game: such as Scavenger Hunt, Free Time
6:00 - 7:00	Dinner in the VIERS Dining Hall (Burritos, Rice, Drink, Dessert)
7:00 - 7:30	Clean-up and Free Time
7:30 - 8:30	Talk on the History and Ecology of Virgin Islands National Park, Lameshur Bay and St. John
8:30 - 9:15	Environmental Game: Marine Jeopardy
9:15 - 10:00	Campfire, stories, marshmallows/ Free Time (Lights out/quiet time 10 pm.)

Day 3:

Time	Activity
7:00 - 8:00	Breakfast (Pancakes, Cereal, Fruit, Orange Juice), Cleanup
8:00 - 8:30	Prepare for Hike and Swimming Morning Meeting
8:30 - 10:00	Environmental Lesson in the VIERS Classroom or Waterside Lab
10:00-12:00	Swim at Little Lameshur Bay: supervised swimming & snorkeling
12:00 - 1:00	Lunch at VIERS Dining Hall (Sandwiches, Juice and Drinks), Clean-up
12:30 - 1:00	Showers
1:00 - 2:00	Complete Cabin Clean-up and Packing, Cabin Inspection
2:00 - 3:00	Group Discussion/Comments/Closing Remarks/Group Photo
3:00 - 3:45	3:00 pm Depart VIERS for Cruz Bay
3:45 - 4:20	Arrive Cruz Bay 3:45 pm. Take 4:00 pm ferry to Red Hook
4:20 - 5:00	Arrive Red Hook 4:20 pm, greet parents

Program subject to change.